THE PARTNERS

Who made G-PRO

Associação de Melhoramentos e Bem Estar Social de Pias (AMBESP), Portugal (coordinator): active ageing, social inclusion and adult education in Ferreira do Zêzere.

RRINOVA OÜ, Estonia: game-based and digital learning tools.

Fundacja Edu Active, Poland: digital and sustainability training for older learners in Podkarpackie.

CONTACT

Get in touch

Website: g-pro.elnlab.eu

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G-PRO
GREEN PROMPT

G-PRO results

Free tools for green and digital ageing



FOCUS GROUPS · BOARD GAME · HANDBOOK · G-PRO ONLINE · TRAINING

WHAT G-PRO OFFERS

A complete, free toolbox

G-PRO has created a complete set of free resources for anyone who works with older adults: senior universities, libraries, day centres, community groups and adult educators.

The tools can be used together or on their own, in a classroom, a community room or at home. Everything can be downloaded or played online at no cost, and will remain available for at least five years after the project.

G P R O

THE RESULTS

Five results

Result 1 · Focus group research
Focus-group method and report templates, in the Research & Evaluation Toolkit with questionnaires, feedback forms and KPIs.

Result 2 · G-PRO board game
Print & play: 130 Challenge Cards, 20 Wild Cards, 32 Power Cards, letter tiles, tokens and rules.

Result 3 · AI & Sustainability Handbook
Plain-language guide to using AI safely and critically, with green tips for every day.

Result 4 · G-PRO Online
The digital version of the game for sessions on one shared screen.

Result 5 · Training & Facilitator Pack
Facilitator guide, 2-day educator training and 5 ready-made senior workshops.

WHO IT IS FOR

Made for

- **Seniors** who want to learn about AI and greener living in a relaxed, social way.
- **Adult educators and volunteers** looking for ready-made, engaging session plans.
- **Organisations** that want to add digital and green skills to their programmes.

GET STARTED

- Visit g-pro.elnlab.eu.
- Download the game and the facilitator guide.
- Run a first session with a small group.
- Ask the Helpdesk on the website if you need support.

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